



#### TEACHING PHYSICIANS GLAUCOMA DETECTION

An eye specialist, Ophthalmologist, of the Toledo Academy of Medicine demonstrates the use of a tonometer on LION volunteer Jack L. Williams, a local broadcast station official. The patient fixes his eyes on his uplifted hand to aid the test.

## Don't You Be A Neglected Victim Of GLAUCOMA



#### PHYSICIAN PRACTICES DETECTION TECHNIQUE

With LION volunteer, Robert M. Wiskochil, a Purchasing Agent for a Toledo company, as a practice patient, a general physician learns by using the tonometer, under the supervising attention of his teacher ophthalmologist at LIONS training clinic.

## THEY'RE YOUR EYES

by Freeman Crampton  
Chairman of the Lions Glaucoma Committee



Getting replacements for your eyes is not the easiest thing to do. We all know this. But not many do much about it. Instead, we act as though we merely need to walk into some service station, as it were, saying "A new set, please, in blue this time, with white side walls."

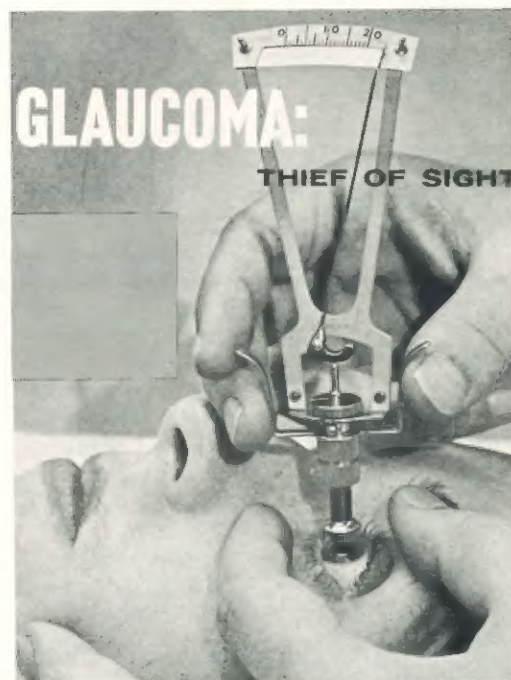
If this attitude had been changed sometime ago, twelve of every hundred blind Americans would today see. They, however, are the neglected victims of glaucoma, a condition in which neglect is almost entirely responsible for sight loss; the kind of neglect that is the consequence of failing to know one is glaucomic and needs treatment.

A changed attitude is the goal of the glaucoma program of the Toledo LIONS Club. Working with the Academy of Medicine, the LIONS, for five years, have campaigned in the hope that all physicians will include and their patients will request glaucoma check tests as routine parts of all physical examinations.

The campaign is slowly making progress. About 100 of Toledo's general physicians have received training in teaching clinics sponsored by the LIONS. Using detection techniques taught there, 15 suspected glaucomics were alerted last year and referred for special attention. To give the campaign new impetus requires that the public should be urged, when having their customary periodical physical examinations to request the physician to check eye pressures.

This is important for everyone 40 or older or whose family included a glaucoma patient. Women and people of dark complexion should insist on the check. More people are found to be glaucomic than are found to be diabetic—but only half discover this, in time.

In making the eye check, the doctor uses a "tonometer." That instrument measures the pressure of fluid within the eyeball. When this pressure is high, glaucoma can be suspected. In fact, sight loss, from glaucoma, is a consequence of greater than normal pressure within the eye.



Before using the tonometer and to overcome discomfort or a tendency to blink, the physician puts anaesthesia acting drops in each eye. Then, delicately applying the tonometer to each eye, he observes readings on the instrument scale. When such readings vary from the normal, your physician will suggest you see your eye doctor. Act on the suggestion, remembering glaucoma blindness comes from neglect.

Your eye doctor may prescribe use of simple drops. In an extreme case, a small slit, made at the upper edge of the pupil, maybe necessary. Through this, excess fluid escapes, relieving pressure almost immediately.

If, between doctor visits, you see rainbow halos around a lamp, cannot see things at your side, have blurred vision, or frequent changes of glasses don't help—go to your doctor at once. These are the do-it-yourself warning signs to get to the doctor. Heed them and your eyes will continue to be yours and to serve you many years, even if they be glaucomic.

# The Toledo Society For The Blind NEWS

A NEWS LETTER TO HELP YOU BECOME BETTER INFORMED ABOUT THIS RED FEATHER AGENCY

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MAY, 1964



JOHN GOERLICH

## COMMENTS FROM THE SOCIETY'S PRESIDENT

## NEWSLETTER DESIGNED TO INCREASE KNOWLEDGE OF BLINDNESS AND SOCIETY

Many people are interested in sight conservation and blindness and also what the Toledo Society for the Blind is doing in our community.

It also is designed to increase your knowledge of the only eyes you will ever have to possibly help some of you save your sight. I hope you like it.

## YOU CAN HELP BY USING OUR CHRISTMAS CARDS

This year we have two brand new Christmas cards, both of a better quality than ever before. We made an arrangement with a national Christmas card producer to join us in our work. These more attractive cards with envelopes, cost the Society just a little more than in the past, but we feel sure you will like them better.

You can help us in our work by using our Christmas cards, which are a source of income to us. Sample cards are available immediately. We will be glad to send you samples . . . just fill out the enclosed card.

The deal is simple. You order the number of cards you want—you can write in your own name on them, or we will provide a three line imprint for you.

We do not charge or invoice you for the cards, but you make a contribution to the Society for whatever amount you see fit. Your contribution is tax deductible. Remember, our cost including imprinting of envelopes and cards is over 10 cents a card.

A small gift becomes a big one when it is given with love. This Christmas, share your blessings with those in need, by using our Christmas cards.

Our Society officials work for nothing and pay their own expenses, so all money you contribute is used to strengthen services for visually handicapped people in the Toledo area. We're voted one of the best operated and most effective agencies of our size in the country.

## YOUR GIFTS HELP US HELP UNFORTUNATES

We are a Red Feather Agency and are supported by the United Appeal. They are very fair and we get our share of their annual distribution. We are grateful for what the people of Toledo have done for the Society through contributions to the United Appeal.

An agency like ours never remains dormant. Our problems seem to be increasing, mainly because blindness is on the increase due to increased longevity.

There are many things we should and could be doing. Your gifts will enable us to enlarge the scope of our work and enable us to assist individuals in personal emergencies. (Read the Jim Taylor story on page 3 . . . the money for this was raised from personal loans and contributions since there is nothing in the United Appeal for anything like this. This will save thousands of tax dollars.)

If you have not included the Society in your will, may I urge you to do so. Your attorney knows how to handle it, whether the bequest is cash or property. The Society's attorney also will be happy to assist you, with no charge.

Sincerely,

*John Goerlich*  
President, Society for the Blind



BLIND CHILDREN HAVE FUN—LEARN COORDINATION THROUGH DANCING CLASS

Every Saturday from 10 a.m. to 2 p.m. about 15 blind children, ranging in age from five to 13, meet at the Society for the Blind for their weekly dancing instructions.

For the last three years Mrs. Auby Curnow, 1330 Melvin Dr., formerly a professional dancing instructor, has given her time to help the blind children learn to dance. The children not only get a lot of fun from this instruction, but it is extremely valuable in teaching them coordination. By helping them coordinate better, they gain more confidence in their movements . . . an invaluable asset.

The children perform for outside organizations. On April 14 they performed at the annual banquet of the Toledo Public School Secretaries at the Collingwood Presbyterian Church.

Toledo Blind Plan For Vacation at Camp Yukita

About 80 blind men, women and children will spend a week in August at the 26th annual vacation camp sponsored by the Toledo Society for the Blind.

This will be the 12th consecutive year the camp will be held at Camp Yukita on Catawba Island.

One of the year's highlights for the blind, the campers are grouped in cabins. They fish, hike, swim, pitch horseshoes, hold a checkers tournament, practice arts and crafts, canoe, dance, have a talent night, music night, campfires and elect a Camp King and Queen. Friends and supporters of the Society give their time and facilities to take the blind on boat excursions to the islands and on automobile rides around the area.

According to Lyle Kirk, director of the Society, the program is designed to fit the needs of each camper. There are degrees of blindness and varying ages and physical abilities in every member and activities have to be adapted for each.

Each child goes for \$4 and adults for \$8. This is of course only a nominal cost and does not come close to covering transportation, food and rental costs. The difference is made up from contributions.

Industrial Personnel At Work



Mrs. Auby Curnow helps these blind children learn to dance, and more important, learn balance and confidence in moving about freely. A former professional dancing instructor, she gives her time every Saturday for the children.

Society's May Calendar Is Good Example Of Monthly Activity Schedule

- MAY 2 Children's Dance Class
- 3 Swimming Catholic Club
- 5 Bowling-Bow-O-Drome
- 7 Workers' Breakfast
- 9 Children's Dance Class
- 11 Toledo Council of the Blind
- 12 Bowling-Bowl-O-Drome
- 14 Progressive Club
- 14 Singing Club
- 16 Card Club
- 16 Children's Dance Class
- 19 Parents Pre-School Blind
- 19 Bowling-Bowl-O-Drome
- 20 Family Night
- 20 Hobby Club
- 20 Advisory Committee
- 21 USG
- 23 Children's Dance Class
- Indoor Sports
- 25 Happy Times
- 26 Bowling-Bowl-O-Drome
- 27 Open Social
- 28 Progressive Club

PROGRESSIVE CLUB

On May 14, the Progressive Club will celebrate its 40th year of existence. This group meets bi-monthly for potluck suppers, dances, and other social events.

Nineteen area industries are utilizing the services of the industrial personnel of the Toledo Society for the Blind. About 100 blind persons are benefiting from employment as a result of this industrial center. They are thus able to contribute to their own support and self respect by being productive. In photo at left, blind persons working at the Society package clamps and brackets for a Toledo firm.



Here's a picture of the entire Taylor family, except for their dog. On Jim's lap is Sue, 2½; Jimmy, on floor, 4; Cathy 6 and wife, Carol.

Jim Taylor Can "SEE" A Bright Future . . . NOW

Society Helps Jim Make New Start For Himself and Family

Three years ago the Jim Taylor family faced a heart breaking problem.

With a wife and three small children to support, the former athlete found he had incurable eye trouble called Tax Ohisto, which means dust had entered through his nasal passages, attacked the eye retinas and formed scar tissues.

At the time Jim was a territory manager for a local company in the automotive parts business. Jim informed his sales manager of the eye trouble. All too soon Jim had to leave his job.

Jim's attractive wife, Carol, went to work, while he stayed home to care for the children.

Jim says it was "awful." The 6'3", 230 pound man said the care for children and housework nearly "did

me in." "We men don't know what women go through," Jim reports.

In September of 1962, the Society heard about an available Western Auto associate store in nearby Swanton, and advised Jim it would help him get established in the store. Jim had a successful sales background, with management experience, and knew automotive parts and accessories . . . one of Western's biggest lines.

Jim made his decision in a hurry. He and Carol paused long enough to order their Christmas merchandise and then went to Kansas City for a 10 day Western Auto training course.

Upon their return they inventoried, moved to Swanton and on November 1, 1962, opened for business.

Jim and Carol work together ordering merchandise and planning displays. Jim, as manager, serves the customers and makes the decisions on inventory and prices. Carol tags merchandise and keeps the books. He knows where everything is, and memorizes prices. "If I don't remember the price, I always ask the customer to read it. I don't think I've ever been cheated."

The Taylors got off to a disappointing start, but early in 1963 had the store sales conditioned to make it modern, attractive and convenient. Hard work began paying off and today the business is showing a healthy growth and supporting the family.

Their social lives have been successful, too. Jim and Carol are active in Swanton affairs and they've developed many new friends.

Today the Taylors are living an independent, active and happy life . . . thanks to you, who made it possible to help the Taylors.

In recognition of his success, Jim was last year named the recipient of an award by Northwestern Ohio Rehabilitation Association for "spectacular success" in overcoming his handicap.



The Taylors stand in front of their Swanton store as Jim returns a greeting of one of his new friends.



Jim and Carol check merchandise on a shelf in their store.